# **Good Friday Meditation 2024**

"Can You Drink the Cup?"

INTRODUCTION

PRAYER

**OPENING** 

John 1:1-2, 14a

Hebrews 1:1-3a

SILENCE

THE CHALLENGE

Mark 10:32-38b

THE ENCOUNTER

Isaiah 53:1-3, 7-9

**MEDITATION\*** 

Scripture readings \*Asterisk indicates that the question and response will occur after these meditations or

Can we drink the cup you drink? Can you drink the cup?

Mark 14: 32-42

Mark 14:27-31

**MEDITATION\*** 

Mark 14:43-52

SILENCE

Mark 14:53-65

MEDITATION

SONG What Will You Do with Jesus?

by K. Bible

Mark 14:66-72

MEDITATION

Mark 15:1-20

**MEDITATION\*** 

SONG The Trial

by K. Bible

Mark 15:21-24a

SILENCE

Mark 15:24b-32

SILENCE

**Meditation on the Cross\*** 

SILENCE—see image 1

Mark 15:33-41

SONG

Good Friday

by G. Adnams

**MEDITATION** —see image 2

PRAYER OF CONFESSION

**Broken Christ** 

You have become flesh

Made our existence your own to restore us and your whole creation

Though it has led to your affliction, you have willingly taken the cup of your life Held it...Lifted it...Drunk from it

Seeing this moves us—

We realize we have not been willing to follow your example -To drink from your cup

And because we have not been willing to drink from your cup,

We have turned our faces from you

We have abandoned you

We have abandoned you because drinking from your cup seems foolish to us Because we desire ease and triumph, not suffering and death Because we want a God we can understand

Not a God whose wisdom is beyond us

Because we prefer save distance rather than the danger of union with you In doing this we have denied who you are Dehumanized you

Punished you Afflicted you

#### **Broken Christ**

We stand here before you
Hanging on your cross
Face to shattered face
And confess that in turning from your suffering
In refusing to drink from your cup
We have sinned

In your mercy, hear and forgive us
Draw us to behold you in your suffering
And show us again what we find with you there
The fellowship of the Trinity
And the renewal of our hearts

As we stand with you here, we pray these things in your blessed name
Our dear, broken One

Amen

# **ASSURANCE OF PARDON**

## THE INVITATION

Mark 15:40-41

### MEDITATION

Friends, brothers, and sisters, just as the sufferings of Christ flow over into our lives as He drank His cup to the dregs, so also through Christ, our comfort overflows...

Will you drink the cup Jesus drank? Will we drink the cup Jesus drank?

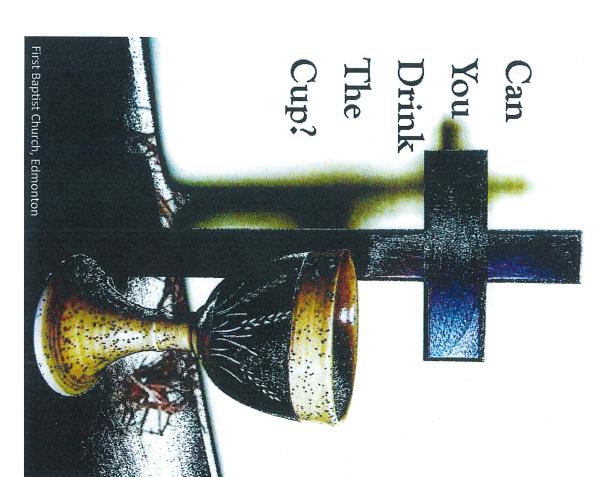
#### SILENCE

You are welcome to come to the front for closer contemplation

Writing—Louise Adnams, Andrew Taylor, Lynsey Taylor
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Musicians—Adrienne Eymundson, soprano; Evelyn Blanchette, alto; Cory Seibel, baritone;
Evelyn Grieger, piano; Savannah Seibel, viola; Edward Na, cello
Sound and video technician—Evan Adnams

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# Good Friday Meditation



<sup>\*&</sup>quot;Meditation on the Cross of Christ", adapted from *The Book of Alternative Services* of the Anglican Church of Canada. Toronto: Anglican Book Centre, 1985, 313-16