

**REFLECTING ON THE DAY
USING THE EXAMEN**

Near the end of a day, seek to become aware of the love and presence of God. Breathe in the love of God and breathe out your stress and worries. Place your hand on your heart.

Then ask yourself,
when today was I most grateful?
When did I have the greatest feeling of belonging?

When did I give and receive the most love?

Then take that in.

That is the nourishment God is offering you for today.

And also ask yourself,
when was I least grateful?
When did I not belong?

When did I give and receive the least love?

Bring these feelings and memories to God also.

Allow God to love you in all the thoughts and memories, keep breathing in the love of God, and ask Jesus to grant you the wisdom and the supplies you need to be healed and nourished.

Give thanks to Jesus.

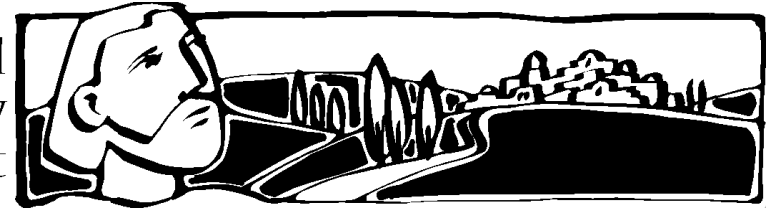
Then you'll be able to sleep with bread.

Then you will be fed, and you may be able to provide bread for others as well.

FIRST
BAPTIST
CHURCH

March 15, 2020
11:00 a.m.

Third
Sunday
in Lent



PRELUDE

Aria on a Chaconne

J. Martinson

GATHERING OF THE COMMUNITY

INSTRUMENTAL INTROIT

Kyrie Eleison

arr. P. Merritt / C. Dyck

CALL TO WORSHIP

***PROCESSIONAL HYMN**

#31 I Sing the Almighty Power of God

ELLACOMBE

***INVOCATION AND LORD'S PRAYER**

**Our Father who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.**

PRAYER OF CONFESSION

Forgive us, God.

In the midst of distress,
we turn away from seeking you,
even though you've conveyed again and again
that you are God, that you are our God.
We're afraid of illness, we cower at the thought of hardship,
we're uncertain of what's going on around us,
we resent it when our ease is unsettled.
We crouch down and turn away from others —
even when they need us — because they don't want to be alone.
We wish we lived in different times,
in what we like to call 'better times.'
We want difficulties to disappear.
We can't seem to keep in mind that you are God,
that nothing is too hard for you.
We confess to you our weaknesses.
Unless you come and forgive us and rescue us again,
we will stay small, alone and frightened.

(Silence for personal confession and reflection)

HYMN OF RESPONSE (please remain seated)

#375 Lord, Have Mercy (sing 3x)

J. M. Talbot

ASSURANCE OF PARDON

FIRST TESTAMENT READING

Exodus 16:2-4, 9-15

Page 69-70, first half of the NRSV Bible

Response to the reading: "Thanks be to God"

LITANY

One: Tune our minds to you, O Lord of all creation.

Many: We are here to know anew that your love speaks to our fear.

One: Open our eyes to your grace and provision — which has no end.

Many: We are here to see anew that you satisfy all our hungers.

One: Incline our hearts to your strength and goodness — that will not fail.

Many: We are here to believe anew that you are God.

**All: Awaken our thoughts, open our eyes, touch our hearts
that we might worship you and you alone.**

*HYMN OF PRAISE

#270 O How He Loves You and Me (sing 2 x)

K. Kaiser

PRAYERS OF THE PEOPLE

*HYMN OF MEDITATION

#72 Great Is Thy Faithfulness

FAITHFULNESS

SECOND TESTAMENT READING

John 6:1-14

Page 100, second half of the NRSV Bible

Response to reading: "Thanks be to God"

SERMON "There Will Be Enough"

Rev. Dr. Ryan Sato

CELEBRATION OF OUR TITHES AND OFFERINGS

Offertory

Meditation

Matthew Vriend, cello, Jerrold Eilander, piano

O. Gjelo

*Doxology

**Praise God from whom all blessings flow;
Praise Him all creatures here below;
Praise Him above ye heavenly host;
Praise Father, Son and Holy Ghost. Amen.**

***Prayer of Gratitude**

*HYMN FOR THE JOURNEY

#440 Savior, Like a Shepherd Lead Us

BRADBURY

*THE BLESSING OF THE COMMUNITY

Leader: May the grace of our Lord Jesus Christ, the love of God
and the communion of the Holy Spirit be with you.

People: And also with you.

*The Sending of the Community

*Congregational Amen

The service of the church into the world - - begins again this week

*POSTLUDE

Praeludium, Fuga and Postlude in G minor

G. Böhm

**Please stand, as you are able.*

We are grateful for those who serve with us today:

Worship Leadership – Dr. Joyce Bellous; Greeters/Ushers - Natalie Cook,
Philip Mingay; Reader - Karen Effa; Sound – John Atwood

*Music and words for the Doxology and the Congregational Amen are found on
the laminated sheet in the pew rack.*